



3rd June 2026 || Wednesday

NEPAL MEDICITI

08:30 am - 09:00 am : Registration

09:00 am - 09:10 am	Welcome Remarks	
09:10 am - 09:20 am	Introduction to Steps2Walk	
TIME	TOPICS	Speaker
	Session 1	
09:20 am - 09:30 am	Principle of Surgical management of Pilon fracture	Dr. Rajesh Simon
09:30 am - 09:40 am	Loss of Syndesmotic correction: What to do ?	Dr. Cristian Ortiz
09:40 am - 09:50 am	Fixation strategy in Diabetic Ankle fracture	Dr. Rajesh Simon
09:50 am - 10:00 am	Approach to Ankle fracture malunion	Dr. Cristian Ortiz
10:00 am - 10:20 am	Case Based Discussion	Dr. Rajesh Simon
10:20 am - 10:30 am	Q & A	
10:30 am - 10:40 am : TEA BREAK		
	Session 2	
10:40 am - 10:50 am	Talus Fracture: Management Overview	Dr. Rajesh Simon
10:50 am - 11:00 am	Calcaneal fractures: Minimally invasive options - Which one to choose	Dr. Manuel Sousa
11:00 am - 11:10 am	Management strategies for missed lisfranc Injuries	Dr. Naren Gurbani
11:10 am - 11:20 am	Indication for surgery in Acute Ankle sprain	Dr. Cristian Ortiz
11:20 am - 11:40 am	Case Based Discussion	Dr. Manuel Sousa
11:40 am - 11:50 am	Q & A	
	Session 3	
11:50 am - 12:00 pm	Surgical treatment for Cavovarus in Charcot Marie Tooth	Dr. Cristian Ortiz
12:00 pm - 12:10 pm	Critical analysis of Surgical options for Hallux Valgus	Dr. Rajesh Simon
12:10 pm - 12:20 pm	Tendon transfers even when muscles are not normal	Dr. Cristian Ortiz
12:20 pm - 12:30 pm	How well you know your Jone's fracture	Dr. Naren Gurbani
12:30 pm - 12:50 pm	Case Based Discussion	Dr. Cristian Ortiz
12:50 pm -01:00 pm	Q & A	
01:00 pm - 02:00 pm : LUNCH BREAK		
	Session 4	
02:00 pm - 02:10 pm	Supramalleolar osteotomies for Ankle Arthritis	Dr. Cristian Ortiz
02:10 pm - 02:20 pm	End -stage Ankle Arthritis: To Fuse or Not to Fuse ?	Dr. Naren Gurbani
02:20 pm - 02:30 pm	Management of Charcot Ankle & Foot	Dr. Manuel Sousa
02:30 pm - 02:50 pm	Case Based Discussion	Dr. Naren Gurbani
02:50 pm - 03:00 pm	Q & A	
03:00 pm - 03:10 pm : TEA BREAK		
	Session 5	
03:10 pm - 03:20 pm	Metatarsalgia: My surgical approach	Dr. Cristian Ortiz
03:20 pm - 03:30 pm	Minimally invasive technique for Achilles tendon rupture	Dr. Manuel Sousa
03:30 pm - 03:40 pm	Surgical treatment for Plantar fasciitis and Baxter's Nerve compression syndrome	Dr. Rajesh Simon
03:40 pm - 03:50 pm	PCFD Classification & Surgical Treatment	Dr. Naren Gurbani
03:50 pm - 04:00 pm	Brachymetatarsia: Is it worth it to do surgery?	Dr. Cristian Ortiz
04:00 pm - 04:10 pm	New surgical treatment for Complex ankle OCD	Dr. Rajesh Simon
04:10 pm - 04:20 pm	Q & A	