

**29<sup>th</sup> Annual Conference of  
Nepal Orthopaedic Association (NOA)**

# **ORTHOCON 2024**

**22-24 February 2024 | Park Village Resort, Kathmandu**

**Theme: Advancing Orthopaedics Together**



**Last Date of  
Abstract  
Submission  
15<sup>th</sup> January  
2024**



**Abstract submission e-mail: [orthocon2024@gmail.com](mailto:orthocon2024@gmail.com)**

**More Details: [www.noa.org.np](http://www.noa.org.np)**

# Message from the Organizing Chairman



Dear Esteemed Members and Participants,

It is with great pleasure and honor that I extend a warm welcome to each one of you attending the 29<sup>th</sup> Annual Conference of the Nepal Orthopaedic Association, ORTHOCON-2024, scheduled to take place from 22<sup>nd</sup> to 24<sup>th</sup> February, 2024 at the picturesque Park Village Resort in Kathmandu, Nepal.

The field of Orthopaedics has witnessed remarkable advancements in education, specialized services, technology, evidence-based practices, orthopaedic industries and research over the past few decades. This progress has given rise to numerous subspecialty societies within our country. In recognition of these transformative developments, we have chosen the theme for this year's conference as "Advancing Orthopaedics Together."

This theme emphasizes the collective effort required from all specialties, industries, and stakeholders to propel orthopaedics further. Your expertise and dedication are crucial in shaping the future of our field, and this conference will serve as a testament to our shared commitment to advancing orthopaedic knowledge and patient care.

The Organizing Committee has meticulously planned an enriching program, including pre-conference PG courses, workshops, didactic lectures, symposiums, and plenary discussions. Participants from across Nepal and neighboring countries will converge to share knowledge, skills, and evidence-based practices. Esteemed faculties and speakers from both the country and abroad will create a platform for interaction, discussion, and learning in their respective fields.

Orthocon 2024 is not just an academic feast but also a forum for socializing, networking, and fostering new friendships, expanding the boundaries of our society and enhancing fraternity within the orthopaedic community.

I encourage you to explore the rich content of this conference, which will showcase valuable insights and experiences defining our orthopaedic community. May your stay in Kathmandu be comfortable, and the Orthocon 2024 be a fruitful experience for all participants.

Together, let us make this conference a resounding success, fostering collaboration and furthering the advancements in Orthopaedics.

**Prof. Dr. Arjun Lamichhane**

President, Nepal Orthopaedic Association  
Organising Chairman, ORTHOCON- 24



# Message from the Organizing Secretary



Respected Seniors and Dear Colleagues  
Namaste

It is with great pleasure and enthusiasm that I extend a warm welcome to each one of you to the Annual Orthopaedic Conference, ORTHOCON 2024.

This conference serves as a platform for the exchange of knowledge, ideas and groundbreaking research that continues to shape the landscape of Orthopaedic surgery.

Our Theme “**Advancing Orthopaedics Together**” reflects our commitment to pushing the boundaries of knowledge, embracing innovation and ultimately improving patient outcomes. Over the course of the conference, we are privileged to host distinguished speakers, engage in insightful panel discussions and interactive workshops that promise to expand our horizons. I encourage each one of you to actively contribute, share your expertise and foster the spirit of collaboration.

I extend my heartfelt gratitude to the organizing committee, sponsors and all those who have dedicated their time and effort to make this conference a reality.

As we embark on this enlightening journey together, may the annual orthopaedic conference ORTHOCON 2024 be a source of inspiration, knowledge and inspire us to elevate the standard of care in orthopaedics surgery.

Warm Regards

**Dr. Vijayendra Adhikari**  
Organizing Secretary



# Message from the Scientific Committee Chairman



Dear Esteemed Members and Participants,

Warm Greetings from the Nepal Orthopedics Association (NOA)!

It is with great pleasure that I extend a heartfelt welcome to all national and international delegates participating in **ORTHOCON 2024**, on behalf of the Scientific Committee of the conference.

In the dynamic field of orthopaedic surgery, research and scientific publications are instrumental in shaping the future. They serve as the backbone for advancements in techniques, technologies and ultimately, improved patient outcomes. We cordially invite orthopaedic surgeon from every corner of the globe to participate and share their abstracts related to the conference theme: **"Advancing Orthopedics Together"**. Your contributions are integral as we collectively work towards enhancing orthopaedic surgical disciplines and elevating patient care in Nepal on global scale.

ORTHOCON 2024 aims to delve into cutting-edge research, providing a platform for engaging discussions on the latest advancements in Orthopaedic surgery. Kindly consider this as our earnest request for you to share your valuable insights with us. Together, let's create a feast of knowledge and a scientifically stimulating experience at ORTHOCON 2024.

Looking forward to your active participation and make this academic feast an indelible conference.

Warm regards

**Dr. Sunil Singh Thapa**  
Scientific Committee Chairman



# Organizing Committee

## Organizing Chairman

Prof. Dr. Arjun Lamichhane

## Organizing Secretary

Dr. Vijayendra Adhikari

## Organizing Co-Ordinators

Dr. Bimal Kumar Pandey

Prof. Dr. Amit Joshi

Prof. Dr. Dipak Shrestha

Prof. Dr. Binod Sherchan

Prof. Dr. Navin Karn

Prof. Dr. Arjun Shrestha

Dr. Shrawan Kumar Thapa

Dr. Rajendra Sanjel Chhetri

Dr. Rabeendra P. Shrestha

Prof. Dr. Dinesh Kumar Shrestha

Dr. Rajendra P. Shah

## Scientific Committee

Chairman: Dr. Sunil Singh Thapa

### Member:

Dr. Rishi Bista

Dr. Kapil Mani Kc

Dr. Bhadra Hamal

Dr. Ritesh Sinha

Dr. Nitish Dev

Dr. Toya R. Bhatta

Dr. Sabik Kayastha

Dr. Shilu Shrestha

Dr. Rishi Ram Poudel

Dr. Janith Singh

Dr. Prem Shahi

Dr. Rajesh Chaudhary

Dr. Alok Pandey

Dr. Ranjeeb Jha

Dr. Rajesh Shah

Dr. Sushil Thapa

## Finance Committee

Dr. Bibek Basukala

Dr. Nirajan P. Parajuli

Dr. Shriraj Shrestha

Dr. Kiran Gurung

Dr. Pramod Lamichhane

Dr. Rajesh Maharjan

Dr. Sanjeet Jha

Dr. Saswat Prasad

Dr. Sagar Panthi

Dr. Bibhuti Nath Mishra

## Hospitality Committee

Dr. Bidur Gayawali

Dr. Ram K. Dahal

Dr. Daman Kumar Jha

Dr. Sagun Basynat

Dr. Jitendra Thakur

Dr. Prawesh Singh Bhandari

Dr. Navin Triphati

## Cultural / Souvenir Committee

Dr. Nirab Kayastha

Dr. Rabindra Regmi

Dr. Amin Shrestha

Dr. Sourav Dahal

## Advisor

Prof. Dr. Jwala Raj Pandey

Prof. Dr. Ashok Kumar Banskota

Dr. Mahesh Shrivastava

Prof. Dr. Achut Raj Bhandari

Prof. Dr. Lakhani Lal Shah

Dr. Anil Bahadur Shrestha

Prof. Dr. Bachhu Ram K.C

Prof. Dr. Ramesh P. Singh

Prof. Dr. Deepak Mahara

Prof. Dr. Buland Thapa

Prof. Dr. Rohit K. Pokharel

Prof. Dr. Rabindra Lal Pradhan

# Abstract Submission Guidelines

The organizing committee cordially invites abstracts on relevant topics for oral presentations and posters for its upcoming ORTHOCON 2024, 29th Annual conference of Nepal Orthopaedic Association to be held during 22<sup>nd</sup> - 24<sup>th</sup> February 2024.

All the abstracts must be submitted via “**online submission system**”. All the abstracts will be reviewed by the scientific committee and selected for the participation. All the required fields must be completely filled with relevant information. Any incorrect information will be dropped from the abstract evaluation. Abstract must be sent in English language.

Abstract must not exceed 400 words and must be structured into Introduction, Material and methods, Results and Conclusion.

Confirmation of receipt of abstract will be sent via email. Once the abstract is accepted by the committee, the presenter must register within the given time, otherwise the abstract will be dropped off from the process.

**Abstract Submission Deadline:** 15th January 2024

**Official Email for ORTHOCON 2024:** orthocon2024@gmail.com

## Guidelines for PowerPoint presentations

- Oral presentation is in English language only.
- PowerPoint must be prepared with slide ratio of 16:9
- Slides must be uploaded in conference computers at least 2 hours prior to presentation.
- No personal laptops will be allowed for presentation.
- Instructional course lectures (ICLs) are given -15 mins (12 minutes presentation + 3 mins discussion)
- Free papers are given -10 minutes (8 min presentation+2 mins discussion).

# Registration Guidelines

- Conference Registration is Mandatory to Attend Workshop
- Registration Badge is Mandatory to Attend Workshop/CME/Scientific Halls/Lunch/Dinner/Exhibition Area/Entertainment Programs
- Organizing committee shall not be liable in any form in case of changes in date / venue due to unforeseen reasons
- Bank transfer receipt should be uploaded in registration form if paid directly to bank else E-pay can be done clicking registrations link
- Forms submitted without payment receipt will not be marked as registered
- E-certificates will be sent to respective email after conference attendance so provide a valid email while confirming registrations.

## Registration Details

**Registration Link:** <https://registerorthocon2024.noa.org.np/>

Category	Early bird (Upto 30 Dec)	Late (Upto 10 Feb)	On Spot
Member	10,000	12,000	14,000
Non-Member	12,000	14,000	16,000
Resident	8,000	10,000	12,000
Foreign Delegate	150 US\$	150 US\$	150 US\$
Accompanying person	50% of the participant registration fee		



नेपाल अर्थोपेडिक संघ

**NEPAL ORTHOPAEDIC ASSOCIATION (NOA)**

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Tel. No.: 4225860, 4231646, Fax No.: 977-1-4225300

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